



## OCTOBER IS NATIONAL BULLYING AWARENESS MONTH.

Sometimes all a person needs to hear is something uplifting and positive to get through a rough day.

### TUESDAY, OCTOBER 1, 2024

On Tuesday, October 1, schools and communities will cover sidewalks with messages of love, hope and acceptance. Help us spread kindness by writing words of encouragement on the sidewalks on Kindness in Chalk Day.

WE SPREAD KINDNESS WITH SIDEWALK CHALK.  
IT'S AS SIMPLE AND POWERFUL AS THAT.

LEARN MORE AT [WWW.MINNEMAMAADVENTURES.COM/KINDNESS-CHALK](http://WWW.MINNEMAMAADVENTURES.COM/KINDNESS-CHALK)